

October 2016 – Preschool East

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Chicken Tenders Stuffed Bread Sticks Fruit / Broccoli	4 Spaghetti and Meatballs Texas Garlic Bread Carrots	5 Chicken and Dumplings Warm Biscuits Corn	6 NO SCHOOL Fall Break	7 NO SCHOOL Fall Break	8
9	10 NO SCHOOL Fall Break	11 NO SCHOOL Fall Break	12 Mini Turkey Sandwich Turkey, Cheddar Chips, Fruit	13 Chicken Patty Sandwich Chips / Fruit	14 Cheese Pizza Breadsticks Salad	15
16	17 Chick-Fil-A Day Waffle Fries Fruit and Vegetable	18 Grilled Cheese Sandwiches Chicken Noodle Soup	19 Fried Chicken Leg Green Beans Mashed Potatoes	20 Chicken Tacos Tortilla Fruit and Veggie	21 Cheese Pizza Breadsticks Salad	22
23	24 Fish Sticks Wheat Bun Tater Tots Fruit	25 Cheese Tortellini Meatballs Marinara Garlic Toast Fruit and Veggie	26 Breakfast For Lunch! Fluffy Pancakes Sausage Links Warm Maple Syrup	27 Hot Dog Fritos Corn Chips Fruit and veggie	28 Cheese Pizza Breadsticks Tossed Salad	29
30	31 Chick-Fil-A Day Waffle Fries Fruit and Vegetable					

All Plate Lunches are Served with Ice Cold Milk, Fresh Seasonal Fruits and Vegetables or Salads.

All comments or concerns should be directed to jcipkowski@whitefield.org

Thank you for allowing us to serve your children.