

WHITEFIELD ACADEMY ATHLETICS



Grade by Grade
Athletic Offerings

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Whitefield Academy
Athletic Offerings (By Grade)

The following is a grade-by-grade listing of athletic opportunities at Whitefield Academy. Please note that all offerings are subject to change pending student interest, the ability to obtain qualified coaches, and facilities available. Sports not sanctioned by the KHSAA are not currently offered by the athletic department.

For all interscholastic sports, student-athletes must have the following:

- *Enrolled in Whitefield Academy
- *Academically eligible at the appropriate grade level
- *Current responsibility/waiver form on file
- *Current KHSAA physical form on file
- *Parent attendance at Athletic Orientation (once every two years)
- *Athletic Fee (Elementary \$40; Middle School \$45; High School \$50/per student/per sport)

This does not pertain to clinics/camps/Highview Baptist Recreation teams

Please note that some teams have off-season conditioning and workouts that are not reflected in the information below. If new to a given sport or to Whitefield Academy in general, contact Chris Vaughn at cvaughn@whitefield.org for more information.

Pre-School through 2nd Grade

There are no inter-scholastic school teams at this age level. Whitefield Academy partners with the recreation department at Highview Baptist Church for students to participate in recreational leagues. Currently Highview offers soccer (September/October), basketball (January/February), and flag football and cheerleading (May/June/July). Visit <https://highview.org/recreation> for more information.

Whitefield does offer a variety of camps and clinic to students of elementary ages, including a spring volleyball clinic and various summer camps pending interest and facility availability.

3rd Grade

Cross Country

- Team: Elementary (3rd-5th); Boys and Girls
- Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Meets: Most are on Mondays at Vettiner Park, though there are 2-3 additional meets added. Meets run from late-August through mid-October.
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Soccer

- Team: 3rd/4th Grade Coed
- Practices: Start Late-July, typically twice a week for 1 ½ hours
- Games: Mornings in August/September
- Provided: Game Shorts
- Requirements: Practice/Game Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 4); Water Bottle

Boys Basketball

- Team: Elementary Boys. This may be in combination with the fourth grade or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off-campus
- Games: Most games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**

Girls Basketball

- Team: Elementary Girls. This may be in combination with the fourth grade and fifth grade or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off-campus
- Games: Most games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**

Track and Field

- Team: Elementary (3rd-5th); Boys and Girls
- Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Meets: Elementary will run 3-5 meets, most have been on Thursdays and Saturdays in recent years. Meets will begin mid-late March and conclude in mid-late May.
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Whitefield Academy partners with the recreation department at Highview Baptist Church for students to participate in recreational leagues. Currently Highview offers soccer (September/October), basketball (January/February), and flag football and cheerleading (May/June/July). Visit <https://highview.org/recreation> for more information.

Whitefield does offer a variety of camps and clinic to students of elementary ages, including a spring volleyball clinic and various summer camps pending interest and facility availability.

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

4th Grade

Cross Country

- Team: Elementary (3rd-5th); Boys and Girls
- Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Meets: Most are on Mondays at Vettiner Park, though there are 2-3 additional meets added. Meets run from late-August through mid-October.
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Soccer

- Team: 3rd/4th Grade Coed
- Practices: Start Late-July, typically twice a week for 1 ½ hours
- Games: Mornings in August/September
- Provided: Game Shorts
- Requirements: Practice/Game Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 4); Water Bottle

Volleyball

- Team: Middle School Girls (4th graders may be invited to tryout for the 5th/6th grade team if numbers dictate).
- Practices: Start mid-late July; typically 2-3 times a week for 1 ½-2 hours
- Games: Most are on Saturdays from late-August through early October, though a few matches during the week are also added
- Provided: Game Jerseys
- Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

- Team: Co-ed Elementary (4th-5th graders)
- Practices: Starting in mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
- Meets: Elementary will compete in 4-5 meets from early-December through early-March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.
- Provided: Competition archery bows** (students may use their own NASP approved bows as well)
- Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: Elementary Boys. This may be in combination with another grade (3rd or 5th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off-campus
- Games: Most games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**

Girls Basketball

- Team: Elementary Girls. This may be in combination with another grade (3rd and/or 5th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off-campus
- Games: Most games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**

Cheerleading

- Team: Middle School (4th-8th)
Practices: Start in October, typically twice a week for 1 1/2 -2 hours
Games: Schedule to be determined by coach, but typically includes most middle school home games. Periodically the squad may attend road games as well.
Requirements: Uniform and other items TBA*

Baseball

- Team: Elementary (5th/6th grade, but 4th graders are invited to tryout)
Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, some practices may be off-campus
Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
Provided: Bats, batting helmets (players may provide their own in each case)
Requirements: Game hat*; Game jersey*; Game pants*; Game socks*; Athletic supporter and cup; Glove; Cleats (no metal spikes); Water Bottle

Track and Field

- Team: Elementary (3rd-5th); Boys and Girls
Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: Elementary will run 3-5 meets, most have been on Thursdays and Saturdays in recent years. Meets will begin mid-late March and conclude in mid-late May.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Whitefield Academy partners with the recreation department at Highview Baptist Church for students to participate in recreational leagues. Currently Highview offers soccer (September/October), basketball (January/February), and flag football and cheerleading (May/June/July). Visit <https://highview.org/recreation> for more information.

Whitefield does offer a variety of camps and clinic to students of elementary ages, including a spring volleyball clinic and various summer camps pending interest and facility availability.

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

5th Grade

Cross Country

- Team: Elementary (3rd-5th); Boys and Girls
- Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Meets: Most are on Mondays at Vettiner Park, though there are 2-3 additional meets added. Meets run from late-August through mid-October.
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Boys Soccer

- Team: Middle School Boys (5th-8th grade); when numbers allow we will also offer a "B" team (Grades 7 and under) and/or a "C" team (5th/6th grades)
- Practices: Start mid-late July, typically four days a week for 1 ½-2 hours
- Games: 2-3 per week on weekdays from late-August through early-October
- Provided: Game Jersey and Shorts
- Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Athletic Supporter, Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Volleyball

- Team: Middle School Girls (multiple teams based on skill and/or grade level)
- Practices: Start mid-late July; typically 2-3 times a week for 1 ½-2 hours
- Games: Most are on Saturdays from late-August through early October, though a few matches during the week are also added
- Provided: Game Jerseys
- Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

- Team: Co-ed Elementary (4th-5th graders)
- Practices: Starting in mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
- Meets: Elementary will compete in 4-5 meets from early-December through early-March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.
- Provided: Competition archery bows** (students may use their own NASP approved bows as well)
- Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: Elementary Boys. This may be in combination with another grade (4th or 6th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Games: Most games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Athletic Supporter; Water Bottle

Girls Basketball

- Team: Elementary Girls. This may be in combination with another grade (4th and or 6th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off-campus
- Games: Most games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league. When combined with the 6th grade, weeknight games may be scheduled through late-January.
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Water Bottle

Cheerleading

- Team: Middle School (4th-8th)
- Practices: Start in October, typically twice a week for 1 1/2 -2 hours
- Games: Schedule to be determined by coach, but typically includes most middle school home games. Periodically the squad may attend road games as well.
- Requirements: Uniform and other items TBA*

Swimming

- Team: Middle School (5th-8th) Boys and Girls
- Practices: Start in mid-September, typically twice a week for 1 1/2 -2 hours; typically held at Blairwood, pending availability
- Meets: Athletes will participate in 3-4 meets from mid-October through early-December. Most meets are on Saturday mornings
- Requirements: Team Shirt*, Competition Swimsuits*, Swim Caps*, Goggles

Baseball

- Team: Elementary (5th/6th grade, but 4th graders are invited to tryout)
- Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, some practices may be off-campus
- Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
- Provided: Bats, batting helmets (players may provide their own in each case)
- Requirements: Game hat*; Game jersey*; Game pants*; Game socks*; Athletic supporter and cup; Glove; Cleats (no metal spikes); Water Bottle

Fast Pitch Softball

- Team: Middle School (5th-8th grade)
- Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, most practices will be off-campus
- Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
- Provided: Game Jersey; Bats, batting helmets (players may provide their own in each case)
- Requirements: Game pants*; Game socks*; Glove; Cleats (no metal spikes); Water Bottle

Girls Soccer

Team: Middle School Girls (5th-8th grade)
Practices: Start mid-late February, typically three days a week for 1 ½-2 hours
Games: 2-3 per week on weekdays from late-March through late-May
Provided: Game Jersey and Shorts
Requirements: Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Track and Field

Team: Elementary (3rd-5th); Boys and Girls
Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: Elementary will run 3-5 meets, most have been on Thursdays and Saturdays in recent years. Meets will begin mid-late March and conclude in mid-late May.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

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*Items to be purchased through Whitefield Academy

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6th Grade

Cross Country

Team: Middle School (6th-8th); Boys and Girls
Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: 10-12 meets throughout the season; while many are on Saturdays, there are some weeknight meets as well; Meets run from late-August through mid-October.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Boys Soccer

Team: Middle School Boys (5th-8th grade); when numbers allow we will also offer a “B” team (Grades 7 and under) and/or a “C” team (5th/6th grades)

Practices: Start mid-late July, typically four days a week for 1 ½-2 hours

Games: 2-3 per week on weekdays from late-August through early-October

Provided: Game Jersey and Shorts

Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Athletic Supporter, Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Volleyball

Team: Middle School Girls (multiple teams based on skill and/or grade level)

Practices: Start mid-late July; typically 2-3 times a week for 1 ½-2 hours

Games: Most are on Saturdays from late-August through early October, though a few matches during the week are also added

Provided: Game Jerseys

Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

Team: Co-ed Middle School (6th-8th graders)

Practices: Starting in mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going

Meets: Middle School will compete in 6-8 meets from early-December through early-March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.

Provided: Competition archery bows** (students may use their own NASP approved bows as well)

Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

Team: Elementary Boys. This may be in combination with 5th grade or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able. 6th graders may also be invited to tryout for the middle school team.

Practices: Start mid-September, typically three times a week for 1 ½-2 hours; most practices are off-campus

Games: Games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league and also supplemented by weeknight games through the end of January.

Provided: Game jersey and shorts; Practice jersey

Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Athletic Supporter; Water Bottle

Girls Basketball

- Team: Elementary Girls. This may be in combination with another grade (4th and or 6th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able. 6th graders may also be asked to play with the middle school team.
- Practices: Start mid-September, typically two to three times a week for 1 ½-2 hours; most practices are off-campus
- Games: Games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league and also supplemented by weeknight games through the end of January.
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Water Bottle

Cheerleading

- Team: Middle School (4th-8th)
- Practices: Start in October, typically twice a week for 1 1/2 -2 hours
- Games: Schedule to be determined by coach, but typically includes most middle school home games. Periodically the squad may attend road games as well.
- Requirements: Uniform and other items TBA*

Swimming

- Team: Middle School (5th-8th) Boys and Girls
- Practices: Start in mid-September, typically twice a week for 1 1/2 -2 hours; typically held at Blairwood, pending availability
- Meets: Athletes will participate in 3-4 meets from mid-October through early-December. Most meets are on Saturday mornings
- Requirements: Team Shirt*, Competition Swimsuits*, Swim Caps*, Goggles

Baseball

- Team: Elementary (5th/6th grade, but 4th graders are invited to tryout). 6th graders may also be asked to play at the middle school level
- Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, some practices may be off-campus
- Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
- Provided: Bats, batting helmets (players may provide their own in each case)
- Requirements: Game hat*; Game jersey*; Game pants*; Game socks*; Athletic supporter and cup; Glove; Cleats (no metal spikes); Water Bottle

Fast Pitch Softball

- Team: Middle School (5th-8th grade)
- Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, most practices will be off-campus
- Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
- Provided: Game Jersey; Bats, batting helmets (players may provide their own in each case)
- Requirements: Game pants*; Game socks*; Glove; Cleats (no metal spikes); Water Bottle

Girls Soccer

Team: Middle School Girls (5th-8th grade)
Practices: Start mid-late February, typically three days a week for 1 ½-2 hours
Games: 2-3 per week on weekdays from late-March through late-May
Provided: Game Jersey and Shorts
Requirements: Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Track and Field

Team: Middle School (6th-8th grades); Boys and Girls
Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: Most middle school meets are part of the Jefferson County series on Monday afternoons. Other meets may be added to supplement the schedule. Meets will begin mid-late March and conclude in mid-late May.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

7th/8th Grade**Cross Country**

Team: Middle School (6th-8th); Boys and Girls; 7th/8th graders may also be asked to run some high school meets
Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: 10-12 meets throughout the season; while many are on Saturdays, there are some weeknight meets as well; Meets run from late-August through mid-October.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Golf

Team: High School (7th-12th); Boys and Girls
Practices: Start July 15th, typically three times a week; practices are off-campus (Quail Chase)
Matches: Consist of a combination of Invitational Tournaments and Dual matches; run from August 1st through end of September; minimum scoring requirements must be met to be entered into matches
Provided: Match balls
Requirements: Team shirt*, Golf Clubs; Golf shoes (suggested); Greens fees for practices and duel matches; Additional Golf Balls; Water Bottle

Boys Soccer

- Team: Middle School Boys (5th-8th grade); when numbers allow we will also offer a “B” team (Grades 7 and under)
- Practices: Start mid-late July, typically four days a week for 1 ½-2 hours
- Games: 2-3 per week on weekdays from late-August through early-October
- Provided: Game Jersey and Shorts
- Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Athletic Supporter, Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Volleyball

- Team: Middle School Girls (multiple teams based on skill and/or grade level); 7th/8th graders may be asked to participate with the high school team as well
- Practices: Start mid-late July; typically 2-3 times a week for 1 ½-2 hours
- Games: Most are on Saturdays from late-August through early October, though a few matches during the week are also added
- Provided: Game Jerseys
- Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

- Team: Co-ed Middle School (6th-8th graders); 7th/8th graders may be asked to compete with the high school team as well if scores qualify
- Practices: Starting in mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
- Meets: Middle School will compete in 6-8 meets from early-December through early-March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.
- Provided: Competition archery bows** (students may use their own NASP approved bows as well)
- Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: Middle School Boys. There are typically both 7th and 8th grade teams offered, but number of interested players will dictate on a year by year basis. This may require tryouts, and if necessary cuts may be made. 6th graders may also be invited to tryout for the middle school team.
- Practices: Start mid-October, typically four days a week for two hours; some practices are off-campus
- Games: Games are typically during the week from late-November through mid-February. Some Saturday practices and games may be held.
- Provided: Game jersey and shorts; Practice jersey and shorts
- Requirements: Shooting jersey*; Game shoes*; Game socks (navy and/or white)**; Athletic Supporter; Water Bottle

Girls Basketball

- Team: Middle School Girls (7th/8th grade). Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. 6th graders may also be asked to play with the middle school team.
- Practices: Start mid-October, typically three-four days a week for 1 ½-2 hours; some practices are off-campus
- Games: Games are typically during the week from late-November through mid-February. Some Saturday practices and games may be held.
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Water Bottle

Bowling

- Team: High School (7th-12th); Boys and Girls
- Practices: Start October 1st, typically three times a week; practices are off-campus (King Pin Lanes)
- Matches: Consist of a combination of Invitational Tournaments and Dual matches; run from mid-October through early-February
- Provided: Match fees
- Requirements: Team shirt*, Bowling ball/bowling shoes (may be rented through lanes); Practice fees

Cheerleading

- Team: Middle School (4th-8th) or High School (7th-12th)
- Practices: Start in October, typically twice a week for 1 1/2 -2 hours
- Games: Schedule to be determined by coach, but typically includes most middle school home games. Periodically the squad may attend road games as well.
- Requirements: Uniform and other items TBA*

Swimming

- Team: Middle School (5th-8th) Boys and Girls; 7th/8th graders may also qualify to participate in high school meets
- Practices: Start in mid-September, typically twice a week for 1 1/2 -2 hours; typically held at Blairwood, pending availability
- Meets: Athletes will participate in 3-4 meets from mid-October through early-December. Most meets are on Saturday mornings
- Requirements: Team Shirt*, Competition Swimsuits*, Swim Caps*, Goggles

Baseball

- Team: Middle School (7th-8th grade). 6th graders may also be asked to play at the middle school level. Some 7th/8th graders may also be invited to participate with the high school team.
- Practices: Start in mid-late February, typically 3-4 times a week for 2 hours, some practices may be off-campus
- Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
- Provided: Bats, batting helmets (players may provide their own in each case)
- Requirements: Game hat*; Game jersey*; Game pants*; Game socks*; Athletic supporter and cup; Glove; Cleats; Water Bottle

Fast Pitch Softball

- Team: Middle School (5th-8th grade). Some 7th/8th graders may also be invited to participate with the high school team.
- Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, most practices will be off-campus.
- Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
- Provided: Game Jersey; Bats, batting helmets (players may provide their own in each case)
- Requirements: Game pants*; Game socks*; Glove; Cleats (no metal spikes); Water Bottle

Girls Soccer

- Team: Middle School Girls (5th-8th grade)
- Practices: Start mid-late February, typically three days a week for 1 ½-2 hours
- Games: 2-3 per week on weekdays from late-March through late-May
- Provided: Game Jersey and Shorts
- Requirements: Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Tennis

- Team: High School (7th-12th grade); Boys and Girls
- Practices: Start February 15th, typically 3-4 times a week for 1 ½-2 hours; most practices are off-campus (Highview Park)
- Matches: Start mid-March and run through late-May; post-season play may extend into early June
- Provided: Match and practice balls
- Requirements: Team Shirt*; Team shorts/skirts*; Tennis racquet; Tennis shoes; Water Bottle

Track and Field

- Team: Middle School (6th-8th grades); Boys and Girls; 7th/8th graders may also be invited to participate high school meets pending time qualifications
- Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off-campus;
- Meets: Most middle school meets are part of the Jefferson County series on Monday afternoons. Other meets may be added to supplement the schedule. Meets will begin mid-late March and conclude in mid-late May.
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

9th-12th Grade

Cross Country

Team: High School (9th-12th); Boys and Girls
Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: 12-14 meets throughout the season; while many are on Saturdays, there are some weeknight meets as well; Meets run from late-August through mid-October; State meet is typically the first Saturday in November
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Golf

Team: High School (7th-12th); Boys and Girls
Practices: Start July 15th, typically three times a week; practices are off-campus (Quail Chase)
Matches: Consist of a combination of Invitational Tournaments and Dual matches; run from August 1st through end of September; minimum scoring requirements must be met to be entered into matches; State Tournament is typically the first week of October
Provided: Match balls
Requirements: Team shirt*, Golf Clubs; Golf shoes (suggested); Greens fees for practices and duel matches; Additional Golf Balls; Water Bottle

Boys Soccer

Team: High School Boys (9th-12th grade); Will offer Varsity and JV teams when numbers allow
Practices: Start July 15th, typically 4-5 days a week for 1 ½-2 ½ hours
Games: 2-3 per week through early-October; Post-season play begins the first or second week of October; Games may be played over Fall Break
Provided: Game Jersey and Shorts
Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Athletic Supporter, Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Girls Soccer

Team: High School Girls (9th-12th grade); Will offer Varsity and JV teams when numbers allow
Practices: Start July 15th, typically 4-5 days a week for 1 ½-2 ½ hours
Games: 2-3 per week through early-October; Post-season play begins the first or second week of October; Games may be played over Fall Break
Provided: Game Jersey and Shorts
Requirements: Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Volleyball

Team: High School Girls (9th-12th grade); Will offer Varsity/JV/Freshman when numbers allow; 7th/8th graders may be asked to participate with the high school team as well
Practices: Start July 15th; typically 4-5 times a week for 2-2 ½ hours
Games: Played from late-August through mid-October; Post-season play begins the second or third week of October; Matches may be played over Fall Break
Provided: Game Jerseys
Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

- Team: Co-ed High School (9th-12th graders); 7th/8th graders may be asked to compete with the high school team as well if scores qualify
- Practices: Starting in mid-October; Once-twice a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
- Meets: High School will compete in 6-8 meets from early-December through early-March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet. Regional meet will take place in March and the State meet will take place in late April.
- Provided: Competition archery bows** (students may use their own NASP approved bows as well)
- Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: High School Boys (9th-12th Boys); Will offer Varsity/JV/Freshman when numbers allow; 7th/8th graders may be asked to participate with the high school team as well
- Practices: Start October 15th, typically 4-5 days a week for 1 1/2 -2 1/2 hours; some practices are off-campus
- Games: Played from the week after Thanksgiving through late-February; Post-season play begins late-February/early-March; State Tournament is played early-late March; Matches may be played over Christmas Break
- Provided: Game jersey and shorts; Practice jersey and shorts
- Requirements: Travel gear*, Shooting jersey*; Game shoes*; Game socks (navy and/or white)**; Athletic Supporter; Water Bottle

Girls Basketball

- Team: High School Boys (9th-12th Girls); Will offer Varsity/JV/Freshman when numbers allow; 7th/8th graders may be asked to participate with the high school team as well
- Practices: Start October 15th, typically 4-5 days a week for 1 1/2 -2 1/2 hours; some practices are off-campus
- Games: Played from the week after Thanksgiving through late-February; Post-season play begins late-February/early-March; State Tournament is played early-late March; Matches may be played over Christmas Break
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Water Bottle

Bowling

- Team: High School (7th-12th); Boys and Girls
- Practices: Start October 1st, typically three times a week; practices are off-campus (King Pin Lanes)
- Matches: Consist of a combination of Invitational Tournaments and Dual matches; run from mid-October through early-February
- Provided: Match fees
- Requirements: Team shirt*, Bowling ball/bowling shoes (may be rented through lanes); Practice fees

Cheerleading

Team: High School (7th-12th)
Practices: Start in October, typically twice a week for 1 1/2 -2 hours
Games: Schedule to be determined by coach, but typically includes most middle school home games. Periodically the squad may attend road games as well.
Provided: Game uniform
Requirements: Uniform and other items TBA*

Swimming

Team: High School (9th-12th) Boys and Girls; 7th/8th graders may also qualify to participate in high school meets
Practices: Start October 1st, typically three times a week for 1 1/2 -2 hours; typically held at Blairwood, pending availability
Meets: Meets run from November 11th through the end of January, including multiple Saturday meets; Regional meet is held the first week of February with the State meet the following week.
Requirements: Team Shirt*, Competition Swimsuits*, Swim Caps*, Goggles

Baseball

Team: High School Boys (9th-12th Boys); Will offer Varsity/JV teams when numbers allow; 7th/8th graders may be asked to participate with the high school team as well
Practices: Start February 15th, typically 4-5 times a week for 2-2 ½ hours
Games: Begin mid-March, with District Tournament being played the week prior to Memorial Day weekend; State Tournament is held in early-June; Games may be played over Spring Break
Provided: Bats, batting helmets (players may provide their own in each case)
Requirements: Game hats*; Game jerseys*; Game pants*; Game socks*; Athletic supporter and cup; Glove; Cleats; Water Bottle

Fast Pitch Softball

Team: High School Boys (9th-12th Boys); Will offer Varsity/JV teams when numbers allow; 7th/8th graders may be asked to participate with the high school team as well
Practices: Start February 15th, typically 4-5 times a week for 1 1/2-2 ½ hours; some practices will be held off-campus
Games: Begin mid-March, with District Tournament being played the week prior to Memorial Day weekend; State Tournament is held in early-June; Games may be played over Spring Break
Provided: Game Jersey; Bats, batting helmets (players may provide their own in each case)
Requirements: Game pants*; Game socks*; Glove; Cleats; Water Bottle

Tennis

Team: High School (7th-12th grade); Boys and Girls
Practices: Start February 15th, typically 3-4 times a week for 1 ½-2 hours; most practices are off-campus (Highview Park)
Matches: Start mid-March and run through late-May; post-season play may extend into early June
Provided: Match and practice balls
Requirements: Team Shirt*; Team shorts/skirts*; Tennis racquet; Tennis shoes; Water Bottle

Track and Field

- Team: High School (9th-12th grades); Boys and Girls; 7th/8th graders may also be invited to participate high school meets pending time qualifications
- Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Meets: Meets may be on Saturdays or during the week. Meets will begin mid-late March and conclude in mid-late May. Regional meet is held in mid-late May with the State meet begin held in late-May to early-June
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

*Items to be purchased through Whitefield Academy

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