

WHITEFIELD ACADEMY ATHLETICS



Grade by Grade Athletic Offerings

(June 2024 Update)

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Whitefield Academy
Athletic Offerings (By Grade)

The following is a grade-by-grade listing of athletic opportunities at Whitefield Academy. **Please note that all offerings are subject to change pending student interest, the ability to obtain qualified coaches, and facilities available.** Sports not sanctioned by the KHSAA are not currently offered by the athletic department.

For all interscholastic sports, student-athletes must have the following:

- *Enrolled in Whitefield Academy
- *Academically eligible at the appropriate grade level
- *Current responsibility/waiver form on file (on-line)
- *Current KHSAA physical form on file
- *Parent attendance at Athletic Orientation (once every two years)
- *Athletic Fee

This does not pertain to clinics/camps/Highview Baptist Recreation teams

Please note that some teams have off-season conditioning and workouts that are not reflected in the information below. If new to a given sport or to Whitefield Academy in general, contact Chris Vaughn at cvaughn@whitefield.org for more information.

Pre-School through 2nd Grade

There are no inter-scholastic school teams at this age level. Whitefield Academy partners with the recreation department at Highview Baptist Church for students to participate in recreational leagues. Currently Highview offers soccer (September/October) and basketball (January/February). Visit <https://highview.org/recreation> for more information.

Whitefield does offer a variety of camps and clinic to students of elementary ages, including a spring volleyball clinic and various summer camps pending interest and facility availability.

3rd Grade

Cross Country

- Team: Elementary (3rd-5th); Boys and Girls
- Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Meets: Elementary will run 6-8 meets and could be on weekdays or Saturdays. Meets run from late-August through mid-October.
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Soccer

- Team: 3rd/4th Grade Coed
- Practices: Start mid-July, typically twice a week for 1 ½ hours
- Games: Saturday Mornings in August/September
- Provided: Game Shorts
- Requirements: Practice/Game Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 4); Water Bottle

Boys Basketball

- Team: Elementary Boys. This may be in combination with the fourth grade or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off campus
- Games: Most games are on Saturdays from late-October through late-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (white)**; Compression shorts or supporter**

Girls Basketball

- Team: Elementary Girls. This may be in combination with the fourth grade or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off campus
- Games: Most games are on Saturdays from late-October through late-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**

Baseball

Team:	Elementary (3 rd /4 th)
Practices:	Start in mid-late February, typically three times a week for 1 ½-2 hours, some practices may be off-campus
Games:	Approximately two games a week on weeknights from late-March through late-May; locations of games will vary (exploring possibility of becoming an adjunct member of the Mt. Washington Little League program).
Provided:	Bats (players are encouraged to have their own)
Requirements:	Game hat*; Game jersey*; Game pants*; Game socks*; Batting Helmet**; Athletic supporter and cup; Glove; Cleats (no metal spikes); Water Bottle

Track and Field

Team:	Elementary (3 rd -5 th); Boys and Girls
Practices:	Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off campus
Meets:	Elementary will run 3-5 meets and could be on weekdays or Saturdays. Meets will begin mid-late March and conclude in mid-late May.
Provided:	Jersey and shorts for meets
Requirements:	Shirt to wear before/after meets*; Running Shoes; Water Bottle

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

4th Grade

Cross Country

Team:	Elementary (3 rd -5 th); Boys and Girls
Practices:	Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets:	Elementary will run 6-8 meets and could be on weekdays or Saturdays. Meets run from late-August through mid-October.
Provided:	Jersey and shorts for meets
Requirements:	Shirt to wear before/after meets*; Running Shoes; Water Bottle

Soccer

Team:	3 rd /4 th Grade Coed
Practices:	Start mid-July, typically twice a week for 1 ½ hours
Games:	Saturday Mornings in August/September
Provided:	Game Shorts
Requirements:	Practice/Game Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 4); Water Bottle

Volleyball

- Team: Middle School Girls (4th graders may be invited to tryout for the 5th/6th grade team if numbers dictate).
- Practices: Start mid-late July; typically 2-3 times a week for 1 ½-2 hours
- Games: Most are on Saturdays from late-August through early October, though a few matches during the week are also added
- Provided: Game Jerseys
- Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

- Team: Co-ed Elementary (4th-5th graders)
- Practices: Start date mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
- Meets: Elementary will compete in 4-5 meets from through March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.
- Provided: Competition archery bows** (students may use their own NASP approved bows as well)
- Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: Elementary Boys. This may be in combination with another grade (3rd or 5th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off campus
- Games: Most games are on Saturdays from late-October through late-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (white)**; Compression shorts or supporter**

Girls Basketball

- Team: Elementary Girls. This may be in combination with another grade (3rd and/or 5th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off campus
- Games: Most games are on Saturdays from late-October through late-December as part of the Whitefield Academy athletic league
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**

Cheerleading

Team: Elementary (4th-5th)
Practices: Start in October, typically twice a week for 1 1/2 -2 hours
Games: Schedule to be determined by coach, but typically includes most middle school home games. Periodically the squad may attend road games as well.
Requirements: Uniform and other items TBA*

Baseball

Team: Elementary (3rd/4th)
Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, some practices may be off-campus
Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary (exploring possibility of becoming an adjunct member of the Mt. Washington Little League program).
Provided: Bats (players are encouraged to have their own)
Requirements: Game hat*; Game jersey*; Game pants*; Game socks*; Batting Helmet**; Athletic supporter and cup; Glove; Cleats (no metal spikes); Water Bottle

Track and Field

Team: Elementary (3rd-5th); Boys and Girls
Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off campus
Meets: Elementary will run 3-5 meets and could be on weekdays or Saturdays. Meets will begin mid-late March and conclude in mid-late May.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

5th Grade

Cross Country

- Team: Elementary (3rd-5th); Boys and Girls
Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: Elementary will run 6-8 meets and could be on weekdays or Saturdays. Meets run from late-August through mid-October.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Boys Soccer

- Team: Middle School Boys (5th-8th grade); when numbers allow we will also offer a "B" team (Grades 7 and under) and/or a "C" team (5th/6th grades)
Practices: Start mid-late July, typically four days a week for 1 ½-2 hours
Games: 2-3 per week primarily on weekdays from late-August through early-October
Provided: Game Jerseys and Shorts
Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Athletic Supporter, Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Volleyball

- Team: Middle School Girls (multiple teams based on skill and/or grade level)
Practices: Start mid-late July; typically 2-3 times a week for 1 ½-2 hours
Games: Most are on Saturdays from late-August through early October, though a few matches during the week are also added
Provided: Game Jerseys
Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

- Team: Co-ed Elementary (4th-5th graders)
Practices: Start date mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
Meets: Elementary will compete in 4-5 meets from through March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.
Provided: Competition archery bows** (students may use their own NASP approved bows as well)
Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: Elementary Boys. This may be in combination with another grade (4th or 6th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically three times a week for 1-1 ½ hours; most practices are off campus
- Games: Most games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league. Pending interest, some games may be added in January independent of the league.
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (white)**; Athletic Supporter**; Water Bottle

Girls Basketball

- Team: Elementary Girls. This may be in combination with another grade (4th and or 6th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able.
- Practices: Start mid-September, typically twice a week for 1-1 ½ hours; most practices are off campus
- Games: Most games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league. Pending interest, some games may be added in January independent of the league.
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Water Bottle

Cheerleading

- Team: Elementary (4th-5th)
- Practices: Start in October, typically twice a week for 1 1/2 -2 hours
- Games: Schedule to be determined by coach, but typically includes most middle school home games. Periodically the squad may attend road games as well.
- Requirements: Uniform and other items TBA*

Swimming

- Team: Middle School (5th-8th) Boys and Girls
- Practices: Start in mid-September, typically twice a week for 1 1/2 -2 hours; typically held at Blairwood, pending availability
- Meets: Athletes will participate in 3-4 meets from mid-October through early-December. Most meets are on Friday evenings.
- Requirements: Team Shirt and Shorts*, Competition Swimsuits*, Swim Caps*, Goggles

Baseball

Team: Elementary (5th/6th grade, but 4th graders are invited to tryout)
Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, some practices may be off-campus
Games: League games one night a week on weeknights from late-March through late-May; league currently is hosted by East Louisville Sports (Crosby Park); additional games may be added as needed or available
Provided: Bats (players are encouraged to have their own)
Requirements: Game hat*; Game jersey*; Game pants*; Game socks*; Batting Helmet**; Athletic supporter and cup; Glove; Cleats (no metal spikes); Water Bottle

Fast Pitch Softball

Team: Middle School (5th-8th grade)
Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, most practices will be off-campus
Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
Provided: Bats (players are encouraged to have their own)
Requirements: Game Jersey; Game pants*; Game socks*; Batting Helmet**; Glove; Cleats (no metal spikes); Fielder's Mask; Water Bottle

Girls Soccer

Team: Middle School Girls (5th-8th grade)
Practices: Start mid-late February, typically three days a week for 1 ½-2 hours
Games: 2-3 per week on weekdays from late-March through late-May
Provided: Game Jersey and Shorts
Requirements: Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Track and Field

Team: Elementary (3rd-5th); Boys and Girls
Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off campus
Meets: Elementary will run 3-5 meets and could be on weekdays or Saturdays. Meets will begin mid-late March and conclude in mid-late May.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

6th Grade

Cross Country

- Team: Middle School (6th-8th); Boys and Girls
- Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Meets: 10-12 meets throughout the season; while many are on Saturdays, there are some weeknight meets as well; Meets run from late-August through mid-October.
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Boys Soccer

- Team: Middle School Boys (5th-8th grade); when numbers allow we will also offer a "B" team (Grades 7 and under) and/or a "C" team (5th/6th grades)
- Practices: Start mid-late July, typically four days a week for 1 ½-2 hours
- Games: 2-3 per week typically on weekdays from late-August through early-October
- Provided: Game Jersey and Shorts
- Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Athletic Supporter, Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Volleyball

- Team: Middle School Girls (multiple teams based on skill and/or grade level)
- Practices: Start mid-late July; typically 2-3 times a week for 1 ½-2 hours
- Games: Most are on Saturdays from late-August through early October, though a few matches during the week are also added
- Provided: Game Jerseys
- Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

- Team: Co-ed Middle School (6th-8th Graders)
- Practices: Start date mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
- Meets: Middle School will compete in 6-8 meets through March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.
- Provided: Competition archery bows** (students may use their own NASP approved bows as well)
- Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: Elementary Boys. This may be in combination with 5th grade or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able. 6th graders may also be invited to tryout for the middle school team.
- Practices: Start mid-September, typically three times a week for 1 ½-2 hours; most practices are off-campus
- Games: Games are on Saturdays from late-October through mid-December as part of the Whitefield Academy athletic league and also supplemented by weeknight games through the end of January.
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (white)**; Athletic Supporter; Water Bottle

Girls Basketball

- Team: Elementary Girls. This may be in combination with another grade (4th and or 6th) or as a separate team. Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. However, we will field as many teams as logistically able. 6th graders may also be asked to play with the middle school team.
- Practices: Start mid-September, typically two to three times a week for 1 ½-2 hours; most practices are off-campus
- Games: Games are on Saturdays from late-October through mid-January as part of the Whitefield Academy athletic league and also supplemented by weeknight games through the end of January.
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Water Bottle

Cheerleading

- Team: Middle School (6th-8th)
- Practices: Start in October, typically twice a week for 1 1/2 -2 hours
- Games: Schedule to be determined by coach, but typically includes most middle school home games. Periodically the squad may attend road games as well.
- Requirements: Uniform and other items TBA*

Swimming

- Team: Middle School (5th-8th) Boys and Girls
- Practices: Start in mid-September, typically twice a week for 1 1/2 -2 hours; typically held at Blairwood, pending availability
- Meets: Athletes will participate in 3-4 meets from mid-October through early-December. Most meets are on Friday evenings
- Requirements: Team Shirt and shorts*, Competition Swimsuits*, Swim Caps*, Goggles

Baseball

Team	Elementary (5 th /6 th grade, but 4 th graders are invited to tryout); 6 th graders may also be asked to play at the middle school level
Practices:	Start in mid-late February, typically three times a week for 1 ½-2 hours, some practices may be off-campus
Games:	League games one night a week on weeknights from late-March through late-May; league currently is hosted by East Louisville Sports (Crosby Park); additional games may be added as needed or available
Provided:	Bats (players are encouraged to have their own)
Requirements:	Game hat*; Game jersey*; Game pants*; Game socks*; Batting Helmet**; Athletic supporter and cup; Glove; Cleats (no metal spikes); Water Bottle

Fast Pitch Softball

Team	Middle School (5 th -8 th grade)
Practices:	Start in mid-late February, typically three times a week for 1 ½-2 hours, most practices will be off-campus
Games:	Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
Provided:	Bats (players are encouraged to have their own)
Requirements:	Game Jersey; Game pants*; Game socks*; Batting Helmet**; Glove; Cleats (no metal spikes); Fielder's Mask; Water Bottle

Girls Soccer

Team:	Middle School Girls (5 th -8 th grade)
Practices:	Start mid-late February, typically three days a week for 1 ½-2 hours
Games:	2-3 per week on weekdays from late-March through late-May
Provided:	Game Jersey and Shorts
Requirements:	Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Track and Field

Team:	Middle School (6 th -8 th grades); Boys and Girls
Practices:	Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off campus
Meets:	6-8 meets during the season; Meets may be on Saturdays or during the week. Meets will begin mid-late March and conclude in mid-late May.
Provided:	Jersey and shorts for meets
Requirements:	Shirt to wear before/after meets*; Running Shoes; Water Bottle

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

7th/8th Grade

Cross Country

- Team: Middle School (6th-8th); Boys and Girls; 7th/8th graders may also be asked to run some high school meets
- Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
- Meets: 10-12 meets throughout the season; while many are on Saturdays, there are some weeknight meets as well. Meets run from late-August through mid-October.
- Provided: Jersey and shorts for meets
- Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Golf

- Team: High School (7th-12th); Boys and Girls
- Practices: Start July 15th, typically three times a week; practices are off campus
- Matches: Consist of a combination of Invitational Tournaments and Dual matches; run from August 1st through end of September; minimum scoring requirements must be met to be entered into matches
- Requirements: Team shirt*, Golf Clubs; Golf shoes (suggested); Greens fees for practices and dual matches; Additional Golf Balls; Water Bottle

Boys Soccer

- Team: Middle School Boys (5th-8th grade); when numbers allow we will also offer a "B" team (Grades 7 and under)
- Practices: Start mid-late July, typically four days a week for 1 ½-2 hours
- Games: 2-3 per week primarily on weekdays from late-August through early-October
- Provided: Game Jersey and Shorts
- Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Athletic Supporter, Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Volleyball

- Team: Middle School Girls (multiple teams based on skill and/or grade level); 7th/8th graders may be asked to participate with the high school team as well
- Practices: Start mid-late July; typically 2-3 times a week for 1 ½-2 hours
- Games: Most are on Saturdays from late-August through early October, though a few matches during the week are also added
- Provided: Game Jerseys
- Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

- Team: Co-ed Middle School (6th-8th Graders)
- Practices: Start date mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
- Meets: Middle School will compete in 6-8 meets through March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.
- Provided: Competition archery bows** (students may use their own NASP approved bows as well)
- Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: Middle School Boys. There are typically both 7th and 8th grade teams offered, but number of interested players will dictate on a year-by-year basis. This may require tryouts, and if necessary cuts may be made. 6th graders may also be invited to tryout for the middle school team.
- Practices: Start mid-October, typically four days a week for two hours; some practices are off-campus
- Games: Games are typically during the week from late-November through mid-February. Some Saturday practices and games may be held.
- Provided: Game jersey and shorts; Practice jersey and shorts
- Requirements: Shooting jersey*; Game shoes (navy and/or white)*; Game socks (white); Athletic Supporter; Water Bottle

Girls Basketball

- Team: Middle School Girls (7th/8th grade). Number of interested players will dictate number of teams offered. This may require tryouts, and if necessary cuts may be made. 6th graders may also be asked to play with the middle school team.
- Practices: Start mid-October, typically three-four days a week for 1 ½-2 hours; some practices are off-campus
- Games: Games are typically during the week from late-November through mid-February. Some Saturday practices and games may be held.
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Water Bottle

Bowling

- Team: High School (7th-12th); Boys and Girls
- Practices: Start October 1st, typically three times a week; practices are off campus (King Pin Lanes)
- Matches: Consist of a combination of Invitational Tournaments and Dual matches; run from mid-October through early-February
- Provided: Match fees
- Requirements: Team shirt*, Bowling ball/bowling shoes (may be rented through lanes); Practice fees

Cheerleading

- Team: Middle School (4th-8th) or High School (7th-12th)
Practices: Start in October, typically twice a week for 1 1/2 -2 hours
Games: Schedule to be determined by coach, but typically includes most home games. Periodically the squad may attend road games as well.
Requirements: Uniform and other items TBA*

Swimming

- Team: Middle School (5th-8th) Boys and Girls; 7th/8th graders may also qualify to participate in high school meets
Practices: Start in mid-September, typically twice a week for 1 1/2 -2 hours; typically held at Blairwood, pending availability
Meets: Athletes will participate in 3-4 meets from mid-October through early-December. Most meets are on Friday evenings.
Requirements: Team Shirt and shorts*, Competition Swimsuits*, Swim Caps*, Goggles

Baseball

- Team: Middle School (7th-8th grade). 6th graders may also be asked to play at the middle school level. Some 7th/8th graders may also be invited to participate with the high school team.
Practices: Start in mid-late February, typically 3-4 times a week for 2 hours, some practices may be off-campus
Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
Provided: Bats (players are encouraged to have their own)
Requirements: Game hat*; Game jersey*; Game pants*; Game socks*; Batting Helmet**; Athletic supporter and cup; Glove; Cleats/Spikes; Water Bottle

Fast Pitch Softball

- Team: Middle School (5th-8th grade)
Practices: Start in mid-late February, typically three times a week for 1 ½-2 hours, most practices will be off-campus
Games: Approximately two games a week on weeknights from late-March through late-May; locations of games will vary
Provided: Bats (players are encouraged to have their own)
Requirements: Game Jersey; Game pants*; Game socks*; Batting Helmet**; Glove; Cleats (no metal spikes); Fielder's Mask; Water Bottle

Girls Soccer

- Team: Middle School Girls (5th-8th grade)
Practices: Start mid-late February, typically three days a week for 1 ½-2 hours
Games: 2-3 per week on weekdays from late-March through late-May
Provided: Game Jersey and Shorts
Requirements: Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Tennis

Team: High School (7th-12th grade); Boys and Girls
Practices: Start February 15th, typically 3-4 times a week for 1 ½-2 hours; most practices are off-campus (Vettiner Park)
Matches: Start mid-March and run through late-May; post-season play may extend into early June
Provided: Match and practice balls
Requirements: Team Shirt*; Team shorts/skirts*; Tennis racquet; Tennis shoes; Water Bottle

Track and Field

Team: Middle School (6th-8th grades); Boys and Girls
Practices: Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: 6-8 meets during the season; Meets may be on Saturdays or during the week. Meets will begin mid-late March and conclude in mid-late May.
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Boys Volleyball

Team: High School Boys (9th-12th grade); Exploring the addition of this team in the near future
7th/8th graders may be asked to participate with the high school team as well
Practices: Start February 2nd; typically 2-3 times a week for 2-2 ½ hours
Games: Played from early-March through late-May; Post-season play begins the second or third week of May
Provided: Game Jerseys
Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently

9th-12th Grade

Cross Country

Team: High School (9th-12th); Boys and Girls
Practices: Start Late-July/Early-August, typically three times a week for 1-1 ½ hours; most practices are off-campus
Meets: 12-14 meets throughout the season; while many are on Saturdays, there are some weeknight meets as well; Meets run from late-August through mid-October; State meet is typically the first Saturday in November
Provided: Jersey and shorts for meets
Requirements: Shirt to wear before/after meets*; Running Shoes; Water Bottle

Golf

Team: High School (7th-12th); Boys and Girls
Practices: Start July 15th, typically three times a week; practices are off campus
Matches: Consist of a combination of Invitational Tournaments and Dual matches; run from August 1st through end of September; minimum scoring requirements must be met to be entered into matches; State Tournament is typically the first week of October
Requirements: Team shirt*, Golf Clubs; Golf shoes (suggested); Greens fees for practices and dual matches; Additional Golf Balls; Water Bottle

Boys Soccer

Team: High School Boys (9th-12th grade); Will offer Varsity and JV teams when numbers allow
Practices: Start July 15th, typically 4-5 days a week for 1 ½-2 ½ hours
Games: 2-3 per week through early-October; Post-season play begins the first or second week of October; Games may be played over Fall Break
Provided: Game Jersey and Shorts
Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Athletic Supporter, Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Girls Soccer

Team: High School Girls (9th-12th grade); Will offer Varsity and JV teams when numbers allow
Practices: Start July 15th, typically 4-5 days a week for 1 ½-2 ½ hours
Games: 2-3 per week through early-October; Post-season play begins the first or second week of October; Games may be played over Fall Break
Provided: Game Jersey and Shorts
Requirements: Practice Jerseys*; Game Socks*; Shinguards (NOCSAE certified); Soccer Cleats; Soccer Ball (Size 5); Water Bottle

Volleyball

Team: High School Girls (9th-12th grade); Will offer Varsity/JV/Freshman when numbers allow; 7th/8th graders may be asked to participate with the high school team as well
Practices: Start July 15th; typically 4-5 times a week for 2-2 ½ hours
Games: Played from late-August through mid-October; Post-season play begins the second or third week of October; Matches may be played over Fall Break
Provided: Game Jerseys
Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

Archery

Team: Co-ed High School (9th-12th Graders)
Practices: Start date mid-October; Once a week, typically for 1 hour. Most practices will be held in the Ministry Center Gymnasium except when Drama productions are on-going
Meets: High School will participate in 8-12 meets through March. Most meets are held on Fridays and/or Saturdays. Participants will need to meet minimum scoring requirements before being entered into a meet.
Provided: Competition archery bows** (students may use their own NASP approved bows as well)
Requirements: Whitefield Archery Shirt (for competitions)*

Boys Basketball

- Team: High School Boys (9th-12th Boys); Will offer Varsity/JV/Freshman when numbers allow; 7th/8th graders may be asked to participate with the high school team as well
- Practices: Start October 15th, typically 4-5 days a week for 1 1/2 -2 ½ hours; some practices are off-campus
- Games: Played from the week after Thanksgiving through late-February; Post-season play begins late-February/early-March; State Tournament is played early-late March; Games may be played over Christmas Break
- Provided: Game jersey and shorts; Practice jersey and shorts
- Requirements: Travel gear*, Shooting jersey*; Game shoes (navy and/or white); Game socks (white); Athletic Supporter; Water Bottle

Girls Basketball

- Team: High School Boys (9th-12th Girls); Will offer Varsity/JV/Freshman when numbers allow; 7th/8th graders may be asked to participate with the high school team as well
- Practices: Start October 15th, typically 4-5 days a week for 1 1/2 -2 ½ hours; some practices are off-campus
- Games: Played from the week after Thanksgiving through late-February; Post-season play begins late-February/early-March; State Tournament is played early-late March; Matches may be played over Christmas Break
- Provided: Game jersey and shorts; Practice jersey
- Requirements: Shooting jersey*; Basketball shoes (navy and/or white)**; Game socks (navy and/or white)**; Water Bottle

Bowling

- Team: High School (7th-12th); Boys and Girls
- Practices: Start October 1st, typically three times a week; practices are off campus (King Pin Lanes)
- Matches: Consist of a combination of Invitational Tournaments and Dual matches; run from mid-October through early-February
- Provided: Match fees
- Requirements: Team shirt*, Bowling ball/bowling shoes (may be rented through lanes); Practice fees

Cheerleading

- Team: High School (7th-12th)
- Practices: Start in October, typically twice a week for 1 1/2 -2 hours
- Games: Schedule to be determined by coach, but typically includes most home games. Periodically the squad may attend road games as well.
- Provided: Game uniform
- Requirements: Uniform and other items TBA*

Swimming

- Team: High School (9th-12th) Boys and Girls; 7th/8th graders may also qualify to participate in high school meets
- Practices: Start October 1st, typically three times a week for 1 1/2 -2 hours; typically held at Blairwood, pending availability
- Meets: Meets run from November 11th through the end of January, including multiple Saturday meets; Regional meet is held the first week of February with the State meet the following week.
- Requirements: Team Shirt and shorts*, Competition Swimsuits*, Swim Caps*, Goggles

Baseball

Team	High School Boys (9 th -12 th); Will offer Varsity/JV teams when numbers allow; 7 th /8 th graders may be asked to participate with the high school team as well
Practices:	Start February 15 th , typically 4-5 times a week for 2-2 ½ hours
Games:	Begin mid-March, with District Tournament being played the week prior to Memorial Day weekend; State Tournament is held in early-June; Games may be played over Spring Break
Provided:	Bats (players are encouraged to have their own)
Requirements:	Game hat*; Game jersey*; Game pants*; Game socks*; Batting Helmet**; Athletic supporter and cup; Glove; Cleats/spikes; Water Bottle

Fast Pitch Softball

Team	High School Girls (9 th -12 th); Will offer Varsity/JV teams when numbers allow; 7 th /8 th graders may be asked to participate with the high school team as well
Practices:	Start February 15 th , typically 4-5 times a week for 1 1/2-2 ½ hours; some practices will be held off-campus
Games:	Begin mid-March, with District Tournament being played the week prior to Memorial Day weekend; State Tournament is held in early-June; Games may be played over Spring Break
Provided:	Bats (players are encouraged to have their own)
Requirements:	Game Jersey; Game pants*; Game socks*; Batting Helmet**; Glove; Cleats/Spikes; Fielder's Mask; Water Bottle

Tennis

Team:	High School (7 th -12 th grade); Boys and Girls
Practices:	Start February 15 th , typically 3-4 times a week for 1 ½-2 hours; most practices are off-campus (Highview Park)
Matches:	Start mid-March and run through late-May; post-season play may extend into early June
Provided:	Match and practice balls
Requirements:	Team Shirt*; Team shorts/skirts*; Tennis racquet; Tennis shoes; Water Bottle

Track and Field

Team:	High School (9 th -12 th grades); Boys and Girls; 7 th /8 th graders may also be invited to participate high school meets pending time qualifications
Practices:	Start mid-February, typically three times a week for 1-1 ½ hours; most practices are off campus
Meets:	Meets may be on Saturdays or during the week. Meets will begin mid-late March and conclude in mid-late May. Regional meet is held in mid-late May with the State meet begin held in late-May to early-June
Provided:	Jersey and shorts for meets
Requirements:	Shirt to wear before/after meets*; Running Shoes; Water Bottle

Boys Volleyball

Team: High School Boys (9th-12th grade); Exploring the addition of this team in the near future
7th/8th graders may be asked to participate with the high school team as well

Practices: Start February 2nd; typically 2-3 times a week for 2-2 ½ hours

Games: Played from early-March through late-May; Post-season play begins the second or third week of May

Provided: Game Jerseys

Requirements: Warm-up shirt*; Volleyball shorts*; Volleyball shoes**; Kneepads**

*Items to be purchased through Whitefield Academy

**Items that are needed, but may be purchased through Whitefield Academy or independently